

Pétanque – a challenge of physical, tactical, and mental strenght



Pétanque Seminar 25/26th April 2015 in Mansfield

with
Alexander Bauer

Active Pétanque Trainers
in Germany in France
(2nd degree) level BF3 level / BF2 level
5 18 ~ 200
(1st degree) level BF1 level
~ 60 ~ 1.000
(Information by DPV & Jean-Paul Perotto)

M. Daniel Voisin & Alex,
Trainer & Co-Trainer of the
German Senior Team (Men),
Berlin 2007



German Pétanque Federation
(Deutscher Pétanque Verband, DPV)
founded in 1984
19.820 players in 704 clubs (31.12.2014)
902 youngsters (under 17)
10 regional associations
For comparison:
Population of Germany: 80,6 Millions (2013)
German Football Federation (DFB)
6,8 Millions in 25.500 clubs

Alexander Bauer - Trainer B-Leistungssport Pétanque im Deutschen Olympischen Sportbund

Pétanque – about my person (sports career)



- born in 1966, Regensburg, Bavaria, Fed. Rep. of Germany
- some Football, 1980-1993 Badminton: regional leagues, school squad south-German runner-up (vice-champion) and areal championships. Injuries (knee).
- 1993/94 starting Pétanque (at university in Göttingen)
- 1996 Sport director Göttingen PC; first qualif. for German Championships
- 1998 founder and president of the Boule Club Ratisbonne (BCR), Regensburg
- 2001 for the first time champion of the Bavarian Pétanque Association (BPV)
- 2001 – 2013 several times Champion (Tête, Doublette, and Club) of the BPV
- 2000 – 2012 several times $1/8$ – and $1/16$ – finalist of German Championships
- 2004 – 2008 several times Champion of the Russian Open (Tête, Doublette-Mixte and Triplette)
- International competitions in D, CH, A, H, CZ, F (e.g. Millau), RUS, USA

Pétanque – about my person (trainer career)



- 2004 – Coach of the Russian team (Men) in Grenoble
- 2005-2009 – Vice-President of the German Pétanque Federation (DPV)
- 2005 – First degree (C)* Trainer DOSB (German Olympic Sport Federation)
- 2005-2006 – Trainer of the Russian team (Women) in Moscow
- 2006 – Coach of the Russian team (Women) in Grenoble (17. of 44 teams)
- 2007 – Second degree (B)* Trainer DOSB, Sport director of the DPV (-2009)
- 2007-2008 – Co-Trainer German team (Men) [W.C. in Thailand: 5th place]
- 2007 – ‚Leistungsportkonzept‘ for the DPV (Concept of Professional Sport)
- 2009-2015 – Squad Trainer of the Bavarian Pétanque Association
- 2010 – Mental coach of the Russian team (Women)
- 2013-2014 – Trainer of the Slovakian Summer Camp

* C-Trainer DOSB= ~BF1 in France, B-Trainer= ~BF3 in France (including BF2), A-Trainer reserved only for professionals